

2 Bite Brownies

Everybody deserves a treat. These two bite brownies are extra special in that they are gluten free, nut free, vegan and low in sugar . . . so you won't feel guilty having more than one.

Ingredients:

1 1/2 cups certified gluten free oat flour

1/2 cup coconut sugar

1/2 cup dutch cocoa powder (the really dark stuff)

1/2 cup + 2 tablespoons unsweetened coconut milk

1/2 cup avocado oil

1 1/2 teaspoons vanilla extract

1/4 teaspoon baking soda

Dash of salt

1/4 cup Enjoy Life (vegan and nut-free) mini chocolate chips

Method:

- 1. Set oven to 350F. Grease mini brownie silicone mold with oil.
- 2. Combine coconut milk, coconut sugar and oil in a medium sized bowl. Stir, and allow sugar to dissolve.
- 3. In another bowl, combine oat flour, cocoa powder, baking soda and salt.
- 4. Gradually add dry ingredients into wet ingredients, stirring constantly until combined. Fold in chocolate chips.
- 5. Bake for 12-15 minutes. 12 minutes will be super fudgey, while baking a few more minutes will make them have a crispier outside with fudgey center.
- 6. Let cool and remove from molds.

Makes 20 two-bite brownies